

2018

*Canterbury Invitational Course*

Canterbury School  
New Milford, CT

**Mile One**

*Start and First Mile:* The course begins in the southwest corner of the boy's varsity soccer field, the corner of the field nearest the road and baseball diamond. The runners head diagonally across the field leaving the playing surface and staying left of the soccer score board. They run onto the track going clockwise around the track continuing straight past the turn on the track. At the storage shed beyond the turn, runners make a 180 degree turn and head onto the upper field. They continue along the fence that encloses the new turf field (a baseball field on the satellite map) taking a right at the end of the fence and running across the width of two soccer fields that abut the new field. At the end of the fence, they head right between the trees and the lower soccer field. They run counter clockwise around the soccer field and take a right back up onto the top field. They complete a perimeter of the top field, running behind the north soccer goals and left around the scoreboard in the northwest corner of the upper field. They run along the plateau of the top field and go right when they reach the storage shed heading toward the baseball backstop. They run the cinder path along the inside of the backstop and continue north down the soccer sideline. The first mile ends just beyond the midline.

**Mile Two**

*Second Mile:* Continuing onto the second mile, at the north end line, the runners take a right and head toward the football field. When they reach the track, they go right and complete a counter clockwise lap of the track. Running just less than a full lap, they return to the northwest side of the track, run off the track and continue toward the street. They cross the street and take an immediate right onto a mowed path that takes them around a hay field. At the end of the mowed path they go right and head down the hill toward the lower hay fields. They take a left upon entering the next hay field and continue toward the woods. In the woods, the runners complete a teardrop shaped loop. They emerge from the woods and run along the tree line to their right. The second mile ends at the opening in the tree line where the runners turn right up onto the hay field above them.

**Mile Three**

*Third Mile and Finish:* At the start of the third mile, runners complete a 180 degree turn at the end of the tree line and head up into the next hay field keeping the tree line on their right. They take the left nearest the woods' entrance and run diagonally up the hill. They bear right when the diagonal intersects with a straighter, steeper path that leads to the top of the hill. At the top of the hill, the runners again bear right and enter another tree lined hay field. They run the perimeter of this keeping the trees on their left. They exit the field and take a left up the hill toward the street. They cross the road and take a right running south down the soccer sideline. They run around the inside of the baseball backstop on the cinder path and across the football practice field toward the storage shed. At the storage shed, the runners take a left up onto the top fields. They run along the plateau toward the scoreboard in the north corner of the top fields. They run right around the scoreboard and continue along the perimeter until the opening on their left. They take the left and run clockwise around the soccer field keeping the

sideline on their right. When they get back to the opening and small hill that brings them back onto the top field, the runners take a left to enter the finishing straight away, a diagonal line across the top soccer fields. The finish is between the two soccer fields.